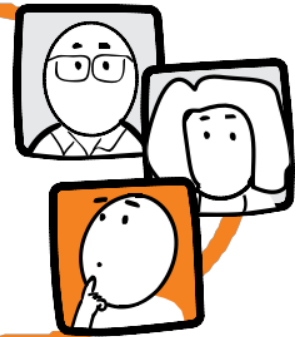


About Psoriatic Arthritis (PsA)

What is PsA?

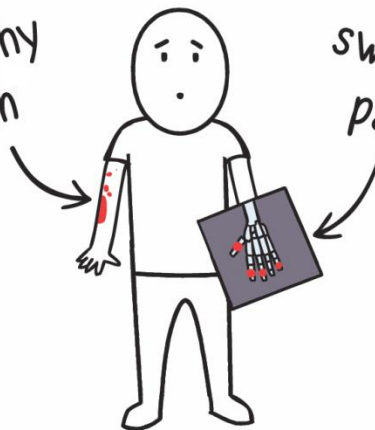
Psoriatic (sor'e-at'ik) arthritis (PsA) is a long-term condition that affects your skin on the outside and your joints on the inside.^{1,2}

Up to **1 in 3** people with psoriasis may develop PsA.³



Psoriatic arthritis symptoms include red, scaly and sometimes itchy patches of skin known as psoriasis, as well as swollen, stiff and painful joints.¹²

First:
red, scaly and itchy
patches of skin



Now:
swollen, stiff and
painful joints

Delayed Diagnosis

Awareness of psoriatic arthritis is low and this can lead to delays in diagnosis. It may take an average of **5 years** from the onset of joint symptoms for people to be diagnosed with psoriatic arthritis.⁴



Approximately **1 in 2** psoriasis patients with psoriatic arthritis are undiagnosed.⁵

About Psoriatic Arthritis (PsA)

Seeking Support

Early diagnosis of psoriatic arthritis and appropriate treatments, may minimise the progress of PsA symptoms.⁶

Over time, psoriatic arthritis may cause permanent joint damage,⁶ so it's important to talk to your doctor about your symptoms.

Rheumatologists are the experts in diagnosing and managing psoriatic arthritis.



If you've been hit by swollen, stiff and painful joints as well as skin symptoms, you could have psoriatic arthritis.



Take a step towards a full and active life: visit screener.doublewhammy.com.au to complete a short symptom checker and then talk to your general practitioner (GP) or dermatologist about your results.

References: 1. American College of Rheumatology. Psoriatic arthritis. Available at: www.rheumatology.org/Practice/Clinical/Patients/Diseases_And_Conditions/Psoriatic_Arthritis/. [Last accessed April 2015]. 2. Fitzgerald, O. 2013. Psoriatic arthritis. In: Firestein, GS, et al. *Kelley's Textbook of Rheumatology*. Philadelphia: Elsevier, 1232–1268. 3. Mease PJ, et al. *J Am Acad Dermatol*. 2013;69:729–735. 4. Lebowhl MG, et al. *J Am Acad Dermatol*. 2014;70:871–881. 5. Helliwell P et al., "Qualifying unmet needs and improving standards of care in psoriatic arthritis", *Arthritis Care & Research*, 2014; 66:12, pp. 1759–1766 6. Haroon M, et al. *Ann Rheum Dis*. 2015;74:1045–1050.